



Martha's Café

Prices are in BZD

OM SHANTI COLD PRESS JUICES 12oz \$6.00

No Water, No Sugar added Pure Juice no ICE

Pineapple/Apple/Ginger

Cucumber Ginger

Watermelon Ginger

Watermelon Mint

Cucumber Lime Ginger

Cucumber Lime Mint

Cucumber Mint

Om Shanti Energy Shot

KOMBUCHA

\$8 a glass/\$30 a bottle

Coriander & 12 O'Clock

Prunella

Jungle Alchemy

DAIRY FREE FRUIT SMOOTHIES

Double Blend \$10

Triple Blend \$12

Special Triple Blend \$15

Choose from:

*(Seasonal) MANGO APPLE BANANA PINEAPPLE MINT KALE GINGER
CARROT COCONUT ORANGE CHOCLOATE PEANUT BUTTER*

HOT BEVERAGE

Espresso \$6

Latte (regular) \$8

Latte (soy) \$10

Add Ginger \$2

Martha's Hot Chocolate served with whip cream \$8 reg /\$10 soy

Herbal Tea: / Americano \$4

BOTTLE WATER

\$2

APPETIZERS

Bruschetta \$15 *V*

Raw Vegan Cashew cheese w/ Corn Chips & Veggie Sticks \$20 *V, GF*

Vegan Hummus w/ Corn Chips & Veggie Sticks \$15 *V, GF*

Mango/Papaya Ceviche w/ Corn Chips \$15 *V, GF*

Somosas with Chutney (3) \$12 *V*

Vegan Chips and Dip \$12 *V, GF*

Om Shanti House Salad -contains nuts- w/ Guava Dressing \$15 *V, GF*

Fully Loaded Vegan Nachos \$25 *V GF*

SOUPS

\$12 or w/ sandwich \$18

Vegan Coconut Curry Lentils *V GF*

Carrot Ginger *VG GF*

Gazpacho *V GF*

MAIN

Vegan Tamales with side salad \$10 *V GF*

Homemade Basil Pesto Pasta with side salad \$18 VG
No Bun Vegan Cheese Burger w/ ceviche & side salad \$20 V
"No Tuna" Sandwich \$8 with soup \$18 V
Crispy Cucumber Sandwich \$8 with soup \$18 V
Martha's Famous Garden Veggie Lasagna w/ side salad and whole
wheat toast \$20 VG
Vegan Curry Bowl with brown rice \$20 V GF
Mediterranean Buddha Bowl with quinoa \$25 V GF

Desserts

Martha's Famous Carrot Cake \$10 VG
Martha's Famous Vegan Carrot Cake \$10 V
Vegan Chocolate Brownie \$8 V
Vegan Banana Bread/Muffin \$3 V
Turmeric Spiced Latte Ice-cream \$5.00 per scoop VG GF
Golden Milk Vegan Ice-cream \$5.00 per scoop V GF
Vegan, Gluten Free, Sugar Free Oatmeal Cookies \$2 V GF
Vegan Gluten Free, Sugar Free Chocolate Pudding \$8 V GF

15% Service Charge is added to all tables of 5 or more

Om Shanti Belize Gift Shop

Reusable Bamboo Straws - \$3 Small/ \$5 Large

Yoga T-Shirts-\$ 30

Dual Colour ¼ inch Yoga Mats \$105

Incense \$20 a box

Aromist Spray \$40

BELIZE IN YOU Toner & Cleanser \$90 each

Saint J Mahogany Sunglasses \$160

*Do Terra Essential Oils available for sale please ask
a staff member for pricing and more info.*

To support of our non profit :

Rhythm of Change Belize (ROC)

*We have Water Bottles & Belize International Yoga
Festival T-shirts for \$25*

www.yogahealsbelize.com

